Kirstin Turner Counselling Psychotherapy

Risk Assessment

What is the Risk?	Who is at Risk?	Controls Required
Spreading Covid-19, an illness which is caused by Coronavirus. Symptoms may be mild to severe, and some carriers may be asymptomatic and contagious.	Visitors to my premises, including clients and colleagues. Vulnerable groups – Anyone with underlying health conditions, above 70 years old or pregnant. Anyone else who physically comes in contact with me in relation to my place of work.	Using hand sanitiser upon entrance, between interactions, after coming into contact with high touch areas including door handles and furniture. Soap and hand sanitiser to be provided and accessible in bathroom, entrance and counselling room. Signs to be printed for bathrooms to demonstrate full hand washing advice. Pedal bins to be made available. Paper towels to be made available. Refrain from shaking hands or standing in close proximity (i.e. of less than 2m distance). Clean high frequency touch areas such as door handles, light switches and furniture surfaces between every appointment. Ventilate rooms between appointments. Ensure that 2m space is available in the workspace. Ensure that 2m distance is possible upon entry and exit between people and that masks are worn when in close proximity.

Ensure social distancing is possible.

Where possible, videoconferencing or telephone calls to be used. This means that if you are able to work effectively from home, remain at home to reduce risk to others.

Schedule regular breaks and enough space between appointments to fulfil cleaning responsibilities.

Ensure masks fit properly.

If anyone becomes unwell with a new continuous cough or a high temperature they will be sent home and advised to follow the stay at home guidance.

In this event, clients and other people in the workplace may need to be advised that they have been exposed. We will contact the Public Health Authority to assess the course of action and may need to disclose names and contact details of clients/patients.

Encourage visitors, staff, colleagues and clients/patients to be informed and supported on the topic of Risk.

Ensure professional liability insurance provides In Person cover.

Obtain signed waiver of liability from clients.

Provide updated practice policies to clients.